



# PICK ME!

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Free, healthy food  
for everyone!

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**Backyard  
Abundance**  Free, healthy food for everyone!  
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## **Free, healthy food for everyone!**

The idea is simple: vegetables, herbs, fruits and nuts are planted in residential front yards, in public parks, at churches and schools, and in front of businesses. Yields are free to harvest by anyone.

While all other animals dine freely and happily, we humans struggle to provide healthy food to everyone. Why are we so different?

We have vast amounts of space in front yards and public parks that could easily grow an abundance of food, especially if it is perennial food such as fruits and berries.

## **Thanks for dining!**



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